**AP Psychology**

Unit 10 Test review: Personality *Modules 55-59 (pages 554-605)*

The key terms, concepts, and contributors from your Unit 10 vocabulary will comprise some of the knowledge you will need to recall for the test; make sure to study those. In addition, make sure you are familiar with the other topics/concepts/people listed below from each module.

Module 55-***You should understand, and be able to explain/apply:***

>Freud’s theory of personality; paying particular attention to the 3 layers of the mind: the conscious, unconscious, & preconscious. You should also be able to explain his treatment techniques, and the roles that he believed “Freudian” slips, jokes, & dreams played.

>The conflict that Freud believed gave rise to our personality. Further, you should be able to identify and explain Freud’s 3 parts of our personality (make sure you understand when/how Freud thought each developed).

>Freud’s psychosexual stage theory. Pay particular attention to the Oedipus and Electra complexes, & the ideas of identification & fixation.

>Freud’s concept of defense mechanisms; be able to explain/identify/apply the 8 main defensive mechanisms, and be able to identify/explain the role between repression & the other 7 defense mechanisms.

>Contemporary psychology’s take on Freud’s theories. Pay particular attention to Freud’s beliefs on gender identity, dreams & slips of the tongue.

Module 56-***You should understand, and be able to explain/apply:***

>Who the neo-Freudians were. Pay particular attention to what ideas of Freud they agreed with, and those that they disagreed with.

>What projective tests are? Make sure you understand the benefits and criticisms of these tests.

>How modern research has developed our understanding of the unconscious mind. You should also understand how they confirm/reject Freud’s theory of the unconscious mind. Pay particular attention to how modern psychologists view the unconscious in general, AND specifically how they view our unconscious defense mechanisms.

Module 57-***You should understand, and be able to explain/apply:***

>Maslow’s hierarchy of needs & Carl Rogers person-centered perspective. Pay particular attention to how each theory would explain a person’s personality, behaviors, & self-concept.

>Humanistic theories, the influence they have on today’s psychology, and the criticism of these theories.

Module 58-***You should understand, and be able to explain/apply:***

>That trait theorists see personality as a stable & enduring pattern of behaviors/characteristics, which are influenced by genetic predispositions. You should also be able to explain why using trait *dimensions* to describe personality is more effective than attempting to classify people as a distinct personality type. Finally, make sure you can identify the criticisms of trait theorists; pay particular attention to the consistency of traits & behaviors.

>The Eysencks’ personality dimensions **(Fig 58.1; p. 577)**

>What personality inventories are, and be able to explain their strengths & weaknesses.

>The “Big Five” personality factors.

Module 59-***You should understand, and be able to explain/apply:***

>Bandura’s idea of reciprocal determinism.

>The concept of “attributional style,” AND how it relates to optimism vs pessimism.

>How the social-cognitive theory compares to other major personality theories **(Fig 59.1; p. 593)**

>What “self,” self-esteem & self-efficacy are. Also, make sure you understand, and are able to apply the characteristics of high self- esteem, low self-esteem, secure self-esteem, and defensive self-esteem.

The FRQ will require you to be familiar with this Unit, but also requires you to incorporate previous information into the psychology of personality. Brush up on operant conditioning, drive-reduction theory, & incentive theory, and consider how they might relate to an individual’s personality.